

**Parent/Caregiver’s Guide to Self-Injury**: **Understanding and helping your child**

When: Every Monday for 6 weeks   
Starting: October 20th  
Time: 5:30PM-7:00PM  
Cost: Free!

Location: Act 2 Child & Family Services  
2nd Floor-1034 Austin Avenue   
Coquitlam, BC V3K 3P3

Registration is required as space is limited

[info@act2.ca](mailto:info@act2.ca) or 604-937-7776

\*\*Individuals involved with MCFD or CYMH will be given priority\*\*